



JUSTICE BASHEER AHMED SAYEED COLLEGE FOR WOMEN

(Autonomous), Chennai- 600018

FORMERLY THE S.I.E.T. WOMEN'S COLLEGE (ESTD. 1955)

COLLEGE WITH POTENTIAL FOR EXCELLENCE

Accredited by NAAC in 2022 at A++ Grade (4th Cycle)

ALUMNAE NEWSLETTER ISSUE NO.5

August 19, 2023

Message from the Convenor



It is with immense pleasure that I welcome our dear Alumnae to celebrate the Alumnae Reunion of 2023-2024 and to continue the tradition of our esteemed Institution. It's time to weave again the precious memories and recall the fond moments of the time spent in our Campus. This year the theme is focused on the Women Entrepreneurs who are have excelled in their career and profession and are job creators for the community and society.

The Fun Fest has been meticulously organised for the alumnae to reconnect and to share the experience of the outside world and to narrate the impact of the foundation laid by the College. The transition of our Alumnae from young women into established women who have achieved greater heights in personal and professional spaces is commendable. As an inspiration to the younger generations, I sincerely hope to have your constant support in the future.

Congratulations and Best Wishes!!

*May the Almighty shower His blessings and mercy on all.
Aameen.*

Dr. Amthul Azeez
Principal

Successful Alumnae Entrepreneurs

Sowmya Kumar Arjun Department of Commerce 1993 - 1996

Sowmya was the Department Secretary and led the college in several cultural and literary events. She went on to do her MBA in international management from ASU (Thunderbird) – Phoenix, USA.

Sowmya runs two successful businesses: The first venture is a traditional arts gallery which deals with Tanjore painting and Kerala mural paintings. Chaya Tanjore Art & More was established in 2013, by mother and daughter duo - Champa & Sowmya – and hence the name Chaya. The idea of starting this gallery, was to combine traditional arts with contemporary gifts. So they work with small Tanjore gift items such as pen stand magnets, key holders all with traditional Tanjore 22 carat gold work and stones. So that we can now own a small piece of traditional art, which is affordable and makes for great gifting.

The other venture is a goli soda brand – Kozzmo Goli Soda. The idea came about in 2016, when Sowmya and her husband were talking about how nice it would be to have a nice branded Goli soda and relive the old memories. They formed a team and researched for a year before the company & the brand was established. Today Kozzmo is sold in over 100 restaurants in Chennai city and is looking to now expand to other cities and countries. A few restaurants that carry Kozzmo in this area are Hotel Accord Metropolitan, Manjal and Mezze.

Sowmya is also a keen Carnatic vocal singer and a Bharatanatyam dancer. She has performed to vast audiences in India, Europe and USA. She loves to spend time with her family and her two teenage sons.



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Ms. Nihal Zainab, Assistant Professor, Department of English

Dr. Athiya Agarwal
Ophthalmic Surgeon
Department of Chemistry
1972 - 1975



Dr. Athiya Agarwal is the Director of Dr. Agarwal's Group of Eye Hospitals, Chennai, India with more than 150 centers out of which 135 are in India and 15 hospitals outside India.

Dr. Athiya Agarwal finished her M.B.B.S. from the Madras Medical College in 1983 and post-graduation in Ophthalmology from Civil Hospital Ahmedabad, Gujarat University in 1986 and M.D. from Post Graduate Institute of Basic Medical Sciences, Taramani in 1988. She joined as a consultant in Ophthalmology in Dr. Agarwal's Eye Hospital Chennai. After a brief training in Moorefield's Eye Hospital, London and the University of Maryland Baltimore, USA, she started to practice in Ophthalmology as an Eye Surgeon.

She is an excellent teacher and a surgeon in anterior segment and refractive surgery, performing in addition to routine cataract and refractive surgery, various new techniques like the Glued IOL and Pre Descemet's Endothelial Keratoplasty (PDEK), the latest in Corneal transplant.

She has won several video awards from the American Academy of Ophthalmology, European Society of Cataract & Refractive Surgery and American Society of Cataract & Refractive Surgery film festivals.

She has co-authored more than 63 books along with Professor Amar Agarwal. She has presented many papers at International and National conferences and published articles in peer-reviewed and other journals. She has also performed live surgeries at National conferences. She has also won many Videos awards at various National and International conferences.

She has been invited regularly as Guest Faculty by the American Academy of Ophthalmology, the American Society of Cataract & refractive surgery, the European Society of Cataract & refractive surgery and the All India Ophthalmological Society to conduct instruction courses for ophthalmologists for many years.

She is a major contributor to community Ophthalmology towards the eradication and prevention of blindness. Her vision is to start a state of art blind school for the visually handicapped in the future and help the poor, gain vision and eradicate blindness.

She has conducted more than 10564 eye camps in villages around Chennai, Kanchipuram, Thiruvannamalai, Thiruvallur, Vellore Districts and Andhra Pradesh and treated more than 12.51 lakh patients and operated on more than 6.9 lakh patients, free of cost. She was involved in vision screening, treatment and rehabilitation of the blind due to cataracts and other eye diseases. The camps were also conducted with the help of Rotary clubs, Lions clubs and other NGOs.

She has been propagating the idea of operating in base hospitals and not operating in school buildings and choultries. She has organised weekly visits to some of the villages, bringing patients to the main hospital for operation. She has been responsible for training General physicians in removing the eyes after death in their localities and sending the eyes to the eye bank. This is important as eye specialists are not always available everywhere. Now the workload can be reduced by these general physicians.

For the safety of the eyes of industrial workers, she devised industrial eye care programme and produced a video presentation showing methods of avoiding accidents and treating in emergencies. She has conducted screening camps for police personnel and transport workers as well.

Kashifa
Department of English (AN)
2014 - 2017

My name is Kashifa. I am a woman of many passions and achievements. In 2017, I took a leap of faith and opened my own Zumba Studio called Aliiza, and I pursued my dancing passion for five years. Due to my medical conditions, I had to give up dancing, but that didn't stop me.

Instead, I turned to another one of my passions – makeup. I embarked on a journey of self-discovery and enrolled in a Diploma in Makeup Artistry. I used my skills and passion for cosmetics to create my own make-over studio called Kashi Make-over Artistry - The Bridal Studio and Training Academy. Beyond my entrepreneurial endeavors, I have also dedicated myself to being a motivational speaker.

My hard work and dedication have not gone unnoticed. I have been fortunate enough to receive prestigious awards like the SIWAA in 2019, the IBN MSME Best Entrepreneur award in 2021 and 2022, Sheero award in 2022, and Face of the year 2023 by Fox Story India. Additionally, I have indulged in my love for English language and literature by attending workshops and even publishing a paper in Language India.

I am deeply proud to share that I was chosen as one of the finalists for Miss India 2023. It was an incredible honor and a testament to the hard work and dedication I have poured into this journey. However, sometimes life presents us with unexpected personal circumstances, and regrettably, I had to make the difficult decision to back off from participating in the finals. While my path may have taken a different turn, I am proud of the courage it took to embark on this incredible adventure. Above all, my ultimate goal is to continue this journey until the day comes when I wake up and feel like I have truly “done it all”. I am passionate, determined, and ready to conquer any challenge that comes my way. Kashifa, the makeup artist with a heart full of passion, is here to transform not only your physical appearance but your outlook on life. Let's embark on this journey together, breaking barriers and shattering stereotypes. Together, we can create a society where women are celebrated for their strength, resilience, and individuality.



Rubeena
Department of English
1998 - 2000

With eyes full of admiration and love for clothing and fashion, I was always a curious young girl who was intrigued by fashionistas and the people who made them. I was passion-driven and designing was all I ever wanted to pursue.

I delved relentlessly in sketching for hours. I started my label 5 years ago. RUBEENA is a by-product of love and immense hard-work. I wasn't here to compete but I did want to make a mark for myself, so I put my heart and soul into it. The happiness I felt after every ensemble created, made the struggle worth it.

My first break-through as a designer was Madras Couture Fashion Week in 2019. I launched my first Bridal Collection. It garnered a lot of praise and admiration. Learning my forte to be bridal wear, I began specialising and growing in it. But, thanks to my clients and their love for my work, I diversified into casual wear. Looking fashionable doesn't have to be restricted to big occasions. This belief led me to start all kinds of casual and formal wear as well.

My second big break-through came in with Karthik Srinivasan's Calender launch. This gave me an opportunity to work with many celebrities. Exposure and experience kept coming and Rubeena was growing. There has been no looking back ever since. Speaking of my work, I have done many fashion shows in Kochi, Pondicherry and Chennai. I have designed for many celebrities, socialites, and doctors. I have launched many collections such as La Mer, Rooh, Zuri, to name a few.

I have worked with some amazing photographers such as G.Venkat Ram, ganesh_toasty, thestoryteller_india etc. I have also been recognised with many awards on highly recognised platforms such as:
 * She awards, 50 inspiring women, * Style Icon award, * Best Designer 2020, * Women Entrepreneur Award, * Best Designer of 2022, Indian awards, * Style icon at Style Bazar. I thank everyone who has been a part of this journey. It's the appreciation and trust that keeps me going. Hardwork, Consistency, Dedication and Belief in myself has made me who I am today. Indeed, Dreams do come True!



JBAS in News

மனசொல்

தமிழ்நாடு சிவ சாம்பியன் விருது 2022



தமிழ்நாடு மாகாணக் கட்டுப்பாட்டு வாரியம் கற்றுச்சூழல் பாதுகாப்பிற்கான முன்மாதிரியான பங்களிப்புகளுக்காக பகமை சாம்பியன் விருது 2022 பரிந்துரையை அறிவித்துள்ளது. சென்னை மாவட்டத்தில் இருந்து மொத்தம் ஆறு அணைப்புகள் தேர்வு செய்யப்பட்டு அதில் எங்கள் கல்லூரியும் ஒன்று.

ஒவ்வொரு ஆண்டும் செல்லாட்டப்படும் உலக கற்றுச்சூழல் தினத்தை முன்னிட்டு 05.06.2023 அன்று பகமை சாம்பியன் விருது வழங்கும் விழா நடைபெற்றது. பகமை சாம்பியன் விருது 2022 ஆண்டு கற்றுச்சூழல் தினத்தை தன்மைக்காக, பாதுகாப்பான, பகமைமான மற்றும் தூய்மைமான தூறலை நோக்கி "NURTURE NATURE, SAVE FUTURE" என்ற முழக்கத்துடன் தன்னாட்சி பெண்களுக்கான நீதிபதி பவத் அகமது சமீத் கல்லூரியின் Enviroclub சிறப்பாக்க செயல்பாட்டிற்கு வழங்கப்பட்டது.

Green Champion Award-2022 was awarded to the Justice Basheer Ahmed Sayeed College for Women, Chennai. The Principal Dr.Amthul Azeez along with the Enviro Club Coordinators Dr. Kaneez Fathima, Mrs. Parveen, Mrs. Iffath Jehan and team receiving the Certificate and cash award of Rs. One Lakh from Tmt. Amritha Jyothi, District Collector, at the Collector's Office, Chennai, on the 5th of June 2023- World Environment Day.

Department Alumnae Meets

DEPARTMENT OF ENGLISH



DEPARTMENT OF ECONOMICS



DEPARTMENT OF HISTORY



DEPARTMENT OF POLITICAL SCIENCE



மனசொல்

சென்னை எஸ்.ஐ.இ.டி கல்லூரியின் முன்னாள் மாணவர்கள் சத்திப்பு நிகழ்ச்சி



Alumnae Reunion 23rd July 2022



Alumnae Outreach Program titled "Millets - The Miracle Grain" Commemorating the International year of Millets was conducted on the 9th of March 2023.

DEPARTMENT OF PSYCHOLOGY



DEPARTMENT OF STATISTICS



DEPARTMENT OF PHYSICS



DEPARTMENT OF ELECTRONICS AND COMMUNICATION SCIENCE



POST GRADUATE AND RESEARCH
DEPARTMENT OF ZOOLOGY



DEPARTMENT OF BUSINESS ADMINISTRATION



DEPARTMENT OF CHEMISTRY



DEPARTMENT OF MICROBIOLOGY



DEPARTMENT OF BIOCHEMISTRY



DEPARTMENT OF COMPUTER SCIENCE



DEPARTMENT OF COMMERCE



DEPARTMENT OF ECONOMICS



Alumnae as Judges and Resource Persons



Dr. Smitha Narayanan,
Alumna, Department of English
1984 - 1986



Mrs. Kavitha Dhanraj, Alumna,
Department of Psychology
1998 - 2000



Ms. Nihal Zainab, Alumna, Department of English (2015 - 2017) as a Resource Person - Topic - UGC NET/SET and Competitive Examinations

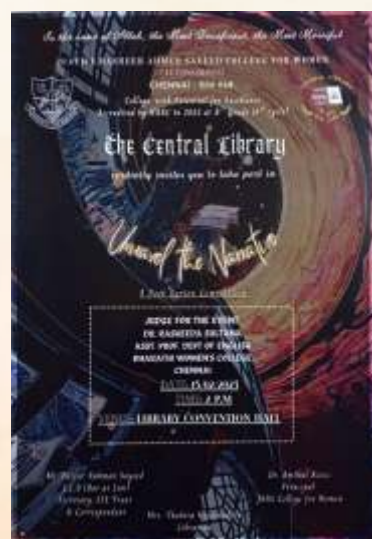


Mrs. Sundari, Alumna, Department of Commerce (1986 - 1989) as a Resource Person for the inauguration of The Young Entrepreneur

Development Council, 5th August 2023



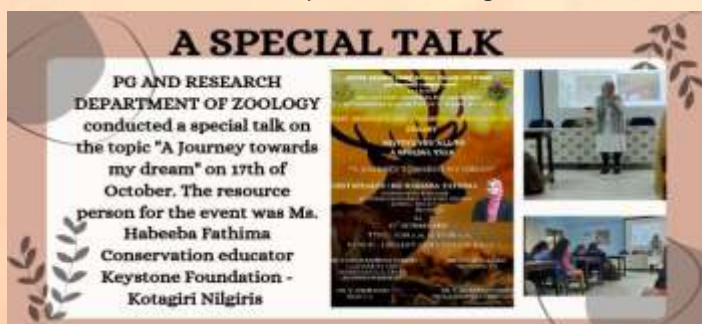
Ms. Shameeha Sheik, Alumna,
Department of English, 2016 - 2019



Dr. Rasheeda Sultana,
Alumna,
Department of English,
2001 - 2004



Ms. Haritha, Alumna, Department of English, 2016 - 2018



Ms. Habeeba Fathima, Alumna,
Department of Zoology, 2018 - 2020



Dr. Nithya Sree Mahadevan, Alumna,
Department of Commerce, 1987 - 1990

Programme Schedule				
Speaker	Name	Institution	Topic	Date
	Ms. Sanobar, RJ	Balika Jockey	Smart Youth India	20.09.2022
	Dr. Summera Rafiq	Dr. Summera Rafiq	Smart Youth India	20.09.2022
	Mr. Sreevathson	Founder, Dummies Drama	Smart Youth India	20.09.2022
	Dr. G.I. Sampooran	Founder, Rathna Center for Conscious Living	Smart Youth India	20.09.2022



To commemorate the Golden Jubilee celebrations of the Department of Commerce, a week-long program titled Spotlight Series was arranged, where the main focus was knowledge beyond textbooks. **Ms. Sanobar**, RJ (Alumna, Department of Microbiology), Dr. Summera Rafiq, H.O.D of Microbiology, JBAS College for Women, Mr. Sreevathson, Founder of Dummies Drama, and **Dr. G.I. Sampooran** (Alumna, Department of Psychology,) Founder, Rathna Center for Conscious Living, were the resource persons.

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AUTONOMOUS, CHENNAI - 600018
(S.I.E.T)
College With Potential For Excellence
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POST - GRADUATE AND RESEARCH DEPARTMENT OF ZOOLOGY

INVITE YOU ALL TO A MOTIVATIONAL TALK
ON THE TOPIC

"BEGIN WITH THE END IN MIND"
"முடிவிலிருந்து தொடங்கு"

ON 26th SEPTEMBER
FROM 11.00AM TO 12.30PM

Guest Speaker : Dr. SHYAMALA RAMESH BABU
Motivational Speaker & Founder - Chisel and Evolve
J.B.A.S Alumna - 1994 Batch

Venue : GOLDEN JUBILEE SEMINAR HALL

Mr. Faizur Rahman Saged
LL.B Bar at Law/
Secretary, S.I.E.Trust
& Correspondent

Dr. Anithul Azeez
Principal, I.C

Dr. V. Anuradha
Head of the Department I.C



PG and Research Department of Zoology conducted a motivational talk on the topic 'Begin with the End in Mind' on the 26th of September 2022. The resource person was Dr. Shyamala Ramesh Babu, Motivational Speaker & Founder - Chisel and Evolve, Alumna - 1994 Batch.

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DEPARTMENT OF BIOCHEMISTRY
CORDIALLY INVITES YOU
TO THE INAUGURATION OF BIOSPECTRUM - 2022

GUEST OF HONOUR
Dr. S. JAMUNA
Director, Affyclone Laboratories Pvt. Ltd.,
Chennai.

TOPIC: ROLE OF AUTOPHAGY IN ATHEROSCLEROSIS

VENUE: GOLDEN JUBILEE SEMINAR HALL
at 10.00 AM

SEPTEMBER
TUESDAY 06 2022

Dr. Faizur Rahman Saged
Secretary & Correspondent

Dr. Faizur Rahman
Head, Dept. of Biochemistry

Dr. Anithul Azeez
Principal I.C



The Department of Biochemistry, inaugurated the Biochemistry Association BIOSPECTRUM - 2022, with a seminar on the topic "Role of Autophagy in Atherosclerosis" on the 6th of September 2022. The Guest of Honour was Dr. S. Jamuna, an entrepreneur, Director of Affyclone Laboratories Pvt. Ltd. Chennai.



The Department of Psychology, Justice Basheer Ahmed Sayeed College for Women, organized a symposium titled "Marine Psychology" on the 12th September 2022. The resource person was Ms. Priyadarshini O, Organizational Psychologist & Maritime Trainer.

Success Stories

Nithya V
Department of Botany
2019 - 2022

Nithya V. (2019-2022), Alumna, Department of Botany, is awarded by Diva Planet magazine as the youngest writer of 2023. She has also been nominated by Forever Star India awards for the title "Ms. Writer India" and is the title holder of Ms. Content Writer of FSIA (FOREVER STAR INDIA AWARDS).



Nithya is recognised as the brand ambassador of Diva Planet Celebrity magazine, Delhi, for August edition 2023. She is selected as one among the top 10 influential writers of Namya magazine. She has got the prestigious opportunity to serve LOSD (London Organization of Skill Development) under Dr. Parin Soman, renowned

Ted X speaker and professor, as content writer. She was recognised by National Book of Records as one among the top 10 influential writers of India for her global awards. She is currently a member of several literary forums and has been collaborating with Global Research Journal towards content management, and has published several anthologies under Manda publishers Delhi. She was also appreciated by Piyush Goel "Mirror Man of India" for ranking 10 among top 25 young aspirational performers of Open Mic organised by the Knight Writers community of Uttarkhand. She is also the founder of paper in ashes forum, a newly started writers community for budding aspirational writers. She was also selected as one among 20 poets of India by Super 7 poetry organisation. Her write-ups were featured in Popular Writers website people reflections and she has reached 93 out of 100 in their top writers scoreboard. She was also invited as the judge for Debate and Word War events of Justice Basheer Ahmed Sayeed College for Women and had also adjudged the Poetry competition at the Bharath University.

Habeeba Fathima,
Department of Zoology
2016 - 2020

As one grows older, perspectives evolve, and I experienced this transformation when I revisited Rudyard Kipling's "The Jungle Book" a few years ago. Shere Khan, the antagonist, held a deep-rooted grudge against Mowgli due to unfortunate encounters with humans, particularly Mowgli's father. Humans possess the ability to reason, setting us apart from other species, but this capacity for rationality often leads us to prioritize personal motives over the greater good of our entire species and the environment around us.



This realisation ignited a strong passion within me for wildlife conservation. After completing my



Master's in Zoology from Justice Basheer Ahmed Sayeed College for Women, I embarked on a journey of multiple internships with the Forest Department and Civil Society organisations before finding a job that truly aligns with my passion. The last few years have been about travelling especially to beautiful forest patches and tribal settlements, mostly being the only Hijabi girl.

My work involves engaging with Indigenous and peri-urban communities. I create a platform where indigenous elders, government servants, biologists, students, homemakers, and citizens from every walk of life are committed to leading a better life synchronized with nature. A combination of good science, appropriate technology, action research and traditional knowledge is built into my projects.

Presently, my focus lies in developing a policy on Human-Wildlife conflict and coexistence in the Hilltowns of Tamil Nadu. Over the years, I have had the opportunity to represent India at the IUCN – WCPA Asia Parks Congress in Malaysia, as part of the young professionals cohort. Additionally, I have

been honored to be the youngest speaker at prestigious events like the Outlook traveler and Tamil Nadu Tourism – Indian responsible tourism awards and summit, sharing the stage with highly qualified and notable individuals. I'm also a regular speaker at the UNESCO - Campus young leaders of change.

In this pursuit of wildlife conservation, I find purpose and fulfilment in contributing to a better future for both humanity and the natural world we share. Each day, I am driven by the belief that I can represent my community and inspire others. Together, let us strive to protect and preserve the wonders of nature for generations to come.



Shameeha Sheik
Department of English
2014-2017

I always feel proud to have studied in JBAS. On 10th March 2023, as a part of the women's day celebrations, I was awarded the "Emerging Women Leader" by The New College for my contribution towards their NAAC accreditation. I was the coordinator of the first Asia Pacific Level SDG championship for the youth organised by the United Nations Sustainable Development Solutions Network, where I mentored 500 students on Pitch deck Presentation and also organised the 6 month long event. I also conducted a Theater workshop at DG Vaishnav college, Chennai and gave a Ted talk to a well known YouTube channel Josh Talks Tamil. In the month of June I was honoured for my contribution as a soft skills trainer by the Placement Cell of The New College for my contribution towards the Employability skills boot camp.



Mahima Srinivasan
Department of B.Com (A&F)
2017-2020



I'm an alumna of the Department of Commerce, of the 2017 - 2020 batch. I held the position of the General Secretary in the Student Majlis of the Afternoon Session.

Inspite of finishing my final year amidst the raging pandemic, I tried to carve my career out of whatever I had access to. I'm highly passionate about making music and creating entertaining content. I started gaining attention on Instagram and Youtube for my music albums. Once the pandemic situation gave way to normalcy, I became a full fledged sound engineer in Sound Minds Studio, a very popular music firm. I also got the opportunity to become an assistant director which I took up enthusiastically. Today I host live performances and I'm also a host vlogger. My growth into what I'm today has its foundation in my college where for three years I was the MC, DJ and performed live during the college events. The support I received from my teachers and my cultural coordinator would always remain close to my heart.



Anitha. V
Department of Commerce (AN)
2010-2013

Anitha is a karate instructor with Fourth Degree black belt. She has been teaching karate to people of all ages since 2014. Specialized in Shito-Ryu karate techniques, Anitha helps people learn to defend themselves. She has won Gold, Silver and Bronze in Kudo, Kata and Kumite martial art forms in the Tamil Nadu State Championship for five consecutive years. She is currently pursuing her certification from American Council Of Exercise.



Reminiscences

It's been a year since I stepped out of college, every memory college life gave me is always cherishable. I still remember the first day when I entered the college with a lot of anxiety and a bit of sadness that my school friends didn't join me. There was also a bit of fear towards new people and the environment.



Although I had a bundle of emotions, I was looking forward to learning many things. I was performing well not only in academics but also in all the cultural and sport activities, and I was a part of the Student Majlis as Sports Secretary, which built a strong leadership quality in me. I got the best seniors who taught me many things and the faculty were supportive and encouraging. I participated in a number of events and won many prizes and thus learnt many things from the college. The perspective of knowing about a person and knowing about people helped me a lot in my life to understand many things. And I earned a few best people for life from college. The skills I got from college helped me to be a great individual. And my career towards my passion picked pace by participating in many dance events. Now I work in a foreign bank named NatWest and live my life to the fullest. I would be always grateful to my college for what it has taught me and shaped me into.

Kurupanya G P
B.Com. CS
2019-2022

Three years of a person turning into an adult from the whims of adolescence is still a dream for many. From class notes by a senior to last-minute submissions, there were several to exchange among friends and teachers. It's a life which will present you with numerous hurdles. You must make friends in this new environment where there are many unexpected faces. We always depend on our friends or teachers while in school. We learn to be independent in college. It strengthens us and teaches us how to face our own challenges. It also encourages us to take our careers seriously.



We make decisions that will impact our future on our own, unlike when we were in school when our parents made those decisions for us.

Speaking of my time in college, I had a great time there and experienced some of the best days of my life. And the transition came as a complete shock to me. My first few days were nervous like I stepped into an alien country. Being an introvert made it more difficult. It was my first time travelling alone every day and meeting new people. I had a difficult time making new friends and getting familiar with everything as I did during my schooling. Staying at the hostel, fear stopped me from doing a lot of things which I do regret now. However, due to the help of our professors and the friends I made there (Nivi, Anuradha, Viji, Bhargavi, Banu, Noor, Mohana, Nithya) I was able to pull myself up and enjoy the most important days of my life. I joined a few activities where I surprised myself. It felt like there was nothing I couldn't do in life and it's the place where I moulded myself into who I am today. Because those are the days you learn what life is all about.

If you ask me I wanna go back to those days again where the child is within us. Innocence within us is still there and we are not an adult figure, To enjoy my days!

Karuna Devi. P. R
B.Com (General)
2009-2012

Dear Friends

The college Alumnae Reunion has made me nostalgic of my good old days in our college.



The day was 22nd, June 1966; a Golden Day in my life. Little had I realized that, when I entered into the gates of the Great SIET that day, my life would never be the same again. I had completely transformed within the four years I had studied there, from a timid, shy, day-dreaming and inconspicuous schoolgirl, hailing from a remote village, into a confident girl.

The Great SIET welcomed me as I got admitted into it I had a lifetime of a relationship with this Great Institution. I'd joined as a PUC student in June 1966, and subsequently took my B.Sc. Chemistry course from 1967 -'70.

I am sure that if it were not for our college back then, young women from the poor and middle-class, especially from minority Muslim community, would not have seen the light of the outside world. Studies in the most elite and prestigious colleges like ours with fantastic infrastructure, excellent facilities like ours would have likely been impossible to them.

It was the MOTTO of our Founding parents' (Justice Basheer Ahmed Sayeed Sahib and his noble wife Madam Fathima Akhthar Sahiba) to offer Higher Education to all eligible women from varied communities of different socio-economic status, without any bias of caste or creed that too at a minimum expense. Our classmates were not only from all over India, but also from foreign countries. I am deeply indebted to their commitment kindness and concern for their students and staff.

Soon after my graduation, I was appointed as a Demonstrator in Chemistry in the very same year having got promoted to Asst. Professor in Chemistry of our esteemed College after an opportunity to do my higher studies in Biochemistry at the University of Madras under the FIP. Subsequently, I was transferred to the Dept. of Biochemistry of our college.

This employment opportunity to serve the Institution was magnanimously gifted to quite a few of us in the science depts., when we had many batches in the PUC. But even after shedding of the PUC scheme for colleges by the then TN Govt., our Management retained ALL of us as B.Sc. demonstrators to continue till our retirement. We are all extremely thankful to them for this great kind gesture.. Thus, from 1966, I am bound to this Great Institution till date. I pray to the Almighty that I may do the same till the last day of my life Inshallah.

May God Almighty shower His endless Blessings on our college, all the educational Institutions and the noble acts of the SIET trust and all of us who are part and parcel of the Great SIET FAMILY. Aameen.

**Professor Hafeela Khader,
Dept of Biochemistry (Rtd).
Alumna, Department of Chemistry
1970 Batch**

Alumnae Creative Corner

Our Mighty Castle - JBAS



We lied, you and I clearly lied
We loved going to college but we all denied.
We waited so long for convocation with pride.
So long was so short yet brain fried.
Yet glad we had those people by our side.

From early rush inside the Institution,
Escaping penalty and punishment.
To checking clock to strike at one.
We left a little sparkle at every department.

Somedays were so stressed and dizzy,
We only longed for a sip of fizzy.
Walking through broad giant stairs.
Those benches, windows and chairs.

And somedays were rejoicing and rare.
Together we joked, laughed and sang.
For a moment we wanted to stop and stare.
Realizing the games of time as bells rang.

The end of examinations felt like Eid.
Works worth brought immense relief.
But our walks slowed down without lead.
Forever going away led to grief.

We tilted our heads to view again,
There stood the mighty castle, bidding us farewell.
Tearful eyed, heavy throat smiled back with pain,

As we left our kingdom to conquer and dwell.

**Atoofa Nisha
Department of English,
2019-2022**

Battle of my Life

Each morning, the sun rises shining bright,
But I rise with swollen eyes, a messy sight.
Sleep deprivation is evident in my face,
Yet, I rise up to take part in this race.

Every day, I force myself to show nonchalance to my pain,
Although, all I want is to lie in bed with no aim,
Each thought of mine is now tainted with disdain,
All, yet none, can I blame for the same.

Each evening, I sit to dine,
Realizing that I completed no task assigned,
Ideally, I must be benign,
But I reprimand myself, in a manner unkind.

Each night arrives for me to finally rest,
Unfortunately, my mind protests,
For it starts to judge my bequests,
Until nothing is left unaddressed.

Each night, the clock strikes midnight,
Yet I lie still awake, as my mind fights,
A battle with the figments of my nightmare,
As I struggle to find someone to even share.

I fight every day to win love, care, and affection,
My battlefield here is my pillowcase,
The only witness to my affliction,
Drenched wet with tears that I wiped to efface.

Every day, the morning comes with bright sunshine,
That leaves my battlefield to shrivel,
For the night must befall to resign,
The idea of happiness, and I simply snivel.

Deepti Mannem
Department of English
2017-2020

Blotches of Darkness to Bleaches of Light – A memoir...

I hope in HOPE...
For it enhanced my quality of Life.
Every single thought shattered by the world
Assembled beautifully and gracefully unfurled.
From the dregs of despair
I fly as a feather in the air.
The darkness of the night does not overpower me
anymore
For I've heard the melodies of the morning dawn.
I thought this world was incorrigible and ruthless!!!
I stopped smiling stopped changing

Wanted to execute what made me inferior,
Innocence and humility were first in the row.
My hands froze at this inhuman act,
My unceasing tears like a river flowed.
In my tears sparked my epiphany...
That moment I changed.. I cried.. I laughed..

With ambivalent feelings of joy and sorrow.
I transformed as an Eagle, decided to soar high
NO LIMITS NO BORDERS
Hope taught me to break my own created barriers
I outrageously smiled at those iron walls,
That fuelled at my stunted growth.
I set my life on fire
I rose like a phoenix bird
I sang like never before
Not bothering if anyone hears me...
My towering faith in God rejuvenated my lost strength
and hope
My prayers fortified without doubts and fears
My mind outshined with positivity and optimism
My heart blossomed with refreshing fragrance
I discovered a new ME like never before
A Phenomenal living dream painted with hues of
indelible perpetual hope,

Faiz Jahan
Department of English
1996-1999

Invisible Scars

In the early light of dawn's embrace,
as I marched my way to school
somewhere between my teens, in that place,
A journey of resilience and strength took place.
The sun shone bright, the road stretched long.
Morning chants filled the air, a familiar song.
But amidst the bustle, a chill did throng.
Unkindness lurking, shadows growing strong.
Clad in uniform, hair neatly tied,
I kept walking, gazing down the lane,
assuming it to be just another mundane.
When a distance from home I tread,
A man on a motorbike, children he led.
Off to school, just like me they trod,
Consciousness grumbling, questioning the odd.
"What was that for?" I asked
No answer came, just lingering gray.
Later, the motorbike came into sight,
The man alone, no children in his flight,
The children must have reached their abode,
For I was still on the road.
But then, an unsettling change in the air,
The man's eyes were restless,
Like a famished eagle, seeking its prey,
A sea dog ready for a ruthless display.
As he neared, I sensed threat in the air
His gaze fixated, filled me with fear,
Closer he came, I stood confused
In that moment, I realized I was prey
His alithery hand invaded my trembling frame
Unable to move, my arms held captive in fear,
The predator vanished, leaving scars severe.
I couldn't chase him, scream, or seek aid,
Alone I stood, tears flowing freely
To school or home, I had to decide,
Though tears stained my cheeks, I fought
through anxiety and fear, I forged my way,
Holding the secret, hiding tears day by day.
Haunting flashbacks and muted cries
each hurdle, each trial, couldn't break my stride.
Over the years, the scars still burn,
Yet, like a Phoenix, from ashes I return.
Stronger than before, with resilience untamed,
From the depths of darkness, my spirit reclaimed.

Tabassum
Department of English,
2021- 2023

Quixotic Biography of life

The definition of oneself is derived since the day you are born;
Embodies the tangible essence of reality without vituperation
You are a fathomless figurine of rapturous trail unveiling reverence,
To the cavernous mirrors of melancholia and pessimism,
You are the mystic power of diadem in darkness that despair;
Flaunting the sense of joy and vigour,

The egalitarian epoch you spread is the reason for people to smile
An incarnation of immortal love & truth that lasts a while
The clepsydra drops longitudinal sands from womb to tomb;
Inviting the congruent chronograph edge of qualities to collide
There comes a battle of envy, with weapons poisoned;
In the hands of prohibited purlins to plunder and deplete;
Ethical lines of virtues stand erect and obstinate;
To the rough papers of deceiving inks with deceptive letters
Your personality is an outstretched chapter of skirmishes
Narrating impertinent passages of occasional contretemps
And sometimes imperial pages of diligent deals & integrity;

Might arouse anger and ardour throughout the journey
You are perpetually read by humankind irrespective of ages
All the manoeuvres and moves constitute the lines of life
Flattery would trudge you up in rarefied air,
One's supposed urbane restrained english men,
Benevolence is a monotonously iterated single note
Enumerating the attributes of altruism in brownie points
Your survivorship is the attenuation to authority and severe sonnets;
Guiding through pacified words of positive poems and powerful paras
A weighty tome of Herculean spirit opposed to tenebrous papers
You are emulated to surpassing opus & novels of noble feelings,
Dressed with the lexicons of consummate elegance;
Featuring faultless cornea of visionary with aims;
Visualise ivory towered silhouettes of perfection
Manifesting fictions of formidable greatness.

Nithya V.,
Department of Botany
2019 - 2022

இசை

ஒரு இசை என்ன டிசம்பிளரம்?
காயம்பட்ட மனதுக்கு மருந்தாகலாம்..
வரியஜம் கண்ணீருக்கு அணையிடலாம்..
சொர்வை நீக்கி உற்சாகப் படுத்தலாம்..
சிறகுகள் டிகாடுத்து விண்ணில் பறக்க
வைக்கலாம்..
எல்லாவற்றுக்கும் மெலாக
வலிகளையஜம் வெதனைகளையஜம்
மறையாய் டிபாரிந்து கரைத்துவிடலாம்!

Khathijatul Kubra.N
Department of Chemistry

I dream, therefore I am

"I think, therefore I am," said René Descartes,
"I dream, therefore I am," I say,
Where dreams become reality when we believe,
For those from humble backgrounds, especially women,
Dreams propel them forward, where ambition is achieved.
To be a successful woman in this vast world,
To earn respect and financial independence,
But where do I start, what steps do I take,
To turn these aspirations into a life that's true?

"Passion is the driving force," as Gabrielle Bernstein said,
So I follow my passion, unwavering and bright,
In "Design", I find solace, joy every day,

A journey commences, a girl with dreams takes flight.
Can design bring success, respect, and strength?
The world doubts, deeming it unlikely, you see,
But ancient wisdom reminds, sincerity prevails,

Why not strive and let dreams set us free?

With dreams in tow, the pursuit takes flight,
From an average student in school to a design degree
holder,
But a degree alone won't quench the dreams,

Textiles and fashion ignite a fire in me.

Again I ponder, can this path be my own,
As listeners raise eyebrows, skepticism in their gaze,
Yet ancient wisdom whispers, sincerity prevails,
So why not embrace this path, breaking society's maze?

With intentions pure, a Master's degree awaits,
Exposure, confidence, support, all a grand prize from the
institution of JBAS,
Passion and dreams fuel hard work's success,
Guided by faculty, the perfect lighthouse in disguise.

Under the guidance of the department Home Science,
I transform, A girl with aspirations, intellectual and bright,
Cracking UGC NET exams, proving my worth,
Faculty's credit, their guidance, shining light.

Four years of teaching, experience gained,
Now a Professor at Vellore Institute of Technology,
A daughter of a conductor and a teacher, a typical middle-
class,
Now achieving success, independent and free.

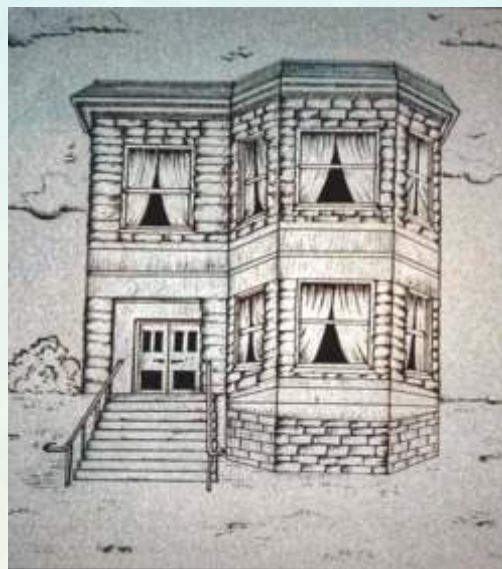
The typical middle class gazes in awe,
As a daughter's journey transcends society's norm,
From professor to dreams of a PhD,
Dreaming to innovate textiles with society's upliftment in
mind.

"I dream, therefore I am," once again I say,
A mantra that drives me, a beacon of hope,
Through dreams, I shape my existence, my destiny,
With unwavering passion, with dreams, I cope.

- From a woman who can never stop dreaming

Professor Saroj K M.
PG and Research Department of Home Science -
Textile Science and Fashion Designing
2017-2019

Alumnae Art Work



Afrah Tabassum P

Alumna, Department of Home Science (IDD), 2020-2023



Kanimozhi Ramesh

Alumna, Department of Home Science (IDD), 2019-2022



Firdousee

Alumna, Department of Home Science (TSFD), 2021-2023

Awards



Presented to the Department of Commerce, Forenoon Session & Afternoon Session, for the largest turnout of their Alumnae in the Reunion 2022

Sports Achievers



C. Prathisha, Alumna, Department of Commerce, won the first place in the 5kms Awareness Marathon Race conducted by the Tamil Nadu Fire and Rescue Service, at Chennai on the 16th of October 2022, and was awarded a cash prize of Rs.3000/-. She also won the first place in 800mts in the SRM Athletic Meet conducted by the SRM University.



Trishala, Alumna, Department of Commerce, won the first place in 4x100mts Relay, and Rithika, alumna, Department of Commerce, won the second place in Long Jump and the first place in 4x100mts Relay in the A' Zone Athletic Meet held at University Union Ground, on the 7th of February 2023



Uthra, Alumna, Department of Commerce, (2023 batch), won the first place in the 68th Senior National Ball Badminton Championship held at Kottarakara, Kerala.



Uthra and T. Sneha, Alumnae, Department of Commerce, got selected to represent All India Inter University Ball Badminton tournament held at BS Abdur Rahman University from the 27th to 31st of January 2023 and won the first place.



Our Ball badminton team won the first place and was awarded a cash prize of Rs.10,000/-in VASPO Ball badminton Tournament organized by MOP Vaishnav College on the 15th and 16th of February 2023.



Vanaja, Alumna, Department of Commerce (CS), 2023 batch, Kousalya, Alumna, Department of Economics, 2023 batch, were selected to represent the South Zone All India Inter University Kho-Kho Tournament held at Bengaluru from the 23rd to 26th of January 2023.



Narmada Nithin, Alumna, Department of English (2021 - 2023) batch, won the Gold Medal in 10m Air rifle Mixed Match Category in the ISSF World Cup, Cairo 2023, held at Egypt and the Bronze Medal at the 6th National Games, Gujarat, 2022. She has also won the Gold Medal in the 10m Air Rifle Civilian Women (individual-senior) in the 65th National

Championship, Thiruvananthapuram, Kerala, 2022

V. Preethi, Alumna, Department of Economics, won the first place in the Youth Games Silambam National Championship



Bidding Adieu

Mrs. R. Zeenath **Associate Professor** **Head, Department of Tamil**

Dynamic, humble and a committed staff of Justice Basheer Ahmed Sayeed College for Women, Mrs. R. Zeenath joined this institution in 1992. She joined the aided stream in 1999 and held the HOD's post in 2006 and served the Institution for 31 years. We are proud to have such a dedicated staff.

Mrs. R. Zeenath a vibrant teacher has proved her loyalty and dedication towards her duty. Under her able leadership the Tamil department always stands as a feather on the cap of Justice Basheer Ahmed Sayeed College.



Mrs. M. Munna **Assistant Professor** **Department of Tamil**

Very lovable and dedicated staff of our institution always carried a smiling face with her kind words Mrs. M. Munna proved herself a good teacher. She joined this institution in 1996 and served as the HOD in the Tamil Department, Afternoon Session. She joined the Aided Stream in 2007 and served the Institution for 27 years. She committed herself to the noble cause of teaching the young minds.



Mrs. Sabirah Parveen **Associate Professor** **Head, Department of Mathematics**

Mrs. Sabirah Parveen served this esteemed institution for 32 years. She became the Head of the Department of Mathematics in the year 2013.

She was known for her enthusiasm, empathy and hard work. She had always supported her staff and students with words of encouragement and by creating an atmosphere of positivity around her. She was an excellent mentor and guide who bestowed motherly care on everyone. We honour her excellent service to our college as she has left with us her legacy of hard work and commitment.



Mrs. Fathima Nasar **Assistant Professor,** **Department of Economics**

Mrs. Fathima Nasar joined this prestigious institution on the 3rd of July 1995 as a Lecturer in the Department of Economics Afternoon Session and also served as the Head of the Department in the Afternoon Session and joined Aided Stream in the Forenoon Session in the year 2007 and rendered 28 years of dedicated service. Her areas of interest were Principles of Marketing, Basic Statistics, International Economics, Economic Thought and Human Resource Development. She had served the institution in various capacities throughout her teaching career. She was a dedicated teacher and an excellent mentor, who was loved by all the students and staff for her smiling face and pleasant attitude.



Mrs. Thahira Naseeruddin **Librarian**

Mrs. Thahira Naseeruddin joined in the year 1999 as a lab assistant in the Department of Zoology. She was appointed as Librarian for the Afternoon Session in 2001. She brought tremendous changes in the library by introducing new services and facilities.

She introduced free Computer Literacy programmes and also designed a logo for the Central Library. The Central Library Handbook prepared by her was released by the Chairman Mr. Moosa Raza. She came up with the idea of a promotional wall in the library to exhibit the talent of our young CEOs and entrepreneurs. She also launched the program Uyaram thodu - an awareness programme on The Art of Clearing UPSC Exams in collaboration with The Hindu group and the IAS academy. She was an excellent librarian and would be greatly missed.



Register @ Website: alumni.jbascollege.edu.in.

Send in your articles/information/achievements/
experience and updated profile to
e-mail id: alumni.jbascollege@gmail.com

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